

SKI DETAILS COMPLETION GUIDELINES

SKI & BOARD ABILITY LEVELS: Please use the Ski & Board chart below to indicate ability levels. Please indicate for each person, students and staff, correct ability levels so bindings may be set appropriately. This column will also serve for lesson ability classification.

BOOT SIZING: Please use the boot conversion chart below to convert to USA & European measurements. For additional conversions, please visit: <http://www.shoesizeconversion.net>

HEIGHT / WEIGHT: Please use the conversion charts below to convert to USA & European measurements. If travelling to an EU destination, please use Centimeters. If travelling to USA, please use feet and inches. For additional conversions, please visit: http://www.onlineconversion.com/international_friends.htm

Height Conversion		
EU	USA	
Centimeters	Feet (') / Inches (")	
135	4'	5"
137	4'	6"
140	4'	7"
142	4'	8"
145	4'	9"
147	4'	10"
150	4'	11"
152	5'	0"
155	5'	1"
157	5'	2"
160	5'	3"
163	5'	4"
165	5'	5"
168	5'	6"
170	5'	7"
173	5'	8"
175	5'	9"
178	5'	10"
180	5'	11"
183	6'	0"
185	6'	1"
188	6'	2"
191	6'	3"
193	6'	4"
195	6'	5"

Ski & Board Ability Level	
1	Beginner
2	Intermediate
3	Advanced

International Shoe Size Conversion Chart					
WOMEN			MEN		
UK	USA	Europe	UK	USA	Europe
2.5	5	35	5.5	6.5	38.5
3	5.5	35.5	6	7	39
3.5	6	36	6.5	7.5	40
4	6.5	37	7	8	40.5
4.5	7	37.5	7.5	8.5	41
5	7.5	38	8	9	42
5.5	8	38.5	8.5	9.5	42.5
6	8.5	39	9	10	43
6.5	9	40	9.5	10.5	44
7	9.5	40.5	10	11	44.5
7.5	10	41	10.5	11.5	45
8	10.5	42	11	12	46
8.5	11	42.2	11.5	12.5	46.5
			12	13	47

Weight Conversion							
USA	Europe	USA	Europe	USA	Europe	USA	Europe
75	34	104	47	132	60	161	73
77	35	106	48	134	61	163	74
79	36	108	49	137	62	165	75
82	37	110	50	139	63	168	76
84	38	112	51	141	64	170	77
86	39	115	52	143	65	172	78
88	40	117	53	146	66	174	79
90	41	119	54	148	67	176	80
93	42	121	55	150	68	179	81
95	43	123	56	152	69	181	82
97	44	126	57	154	70	183	83
99	45	128	58	157	71	185	84
101	46	130	59	159	72	187	85

<u>USA ONLY: ESTA CONF NO:</u>	<u>Medical Notes</u>	<u>Dietary Requests</u>	<u>Ski or Board?</u>	<u>Ability Level (1 - 3)</u>	<u>Boot Size</u>	<u>Height</u>	<u>Weight</u>